What Should I Learn About Myself First?

Before embarking on career exploration, 11th and 12th graders should first understand key personal traits to ensure they pursue paths that align with their strengths, interests, and values. Using resources like Upptik, alongside other tools, can guide this self-discovery process:

1. Interests

Link to O*NET via Upptik where you can take interest surveys to identify your passions and potential career paths. Understanding what excites you can direct you toward fulfilling career options.

2. Skills

Explore your skills through Upptik's skills courses. Assess whether you have strengths in soft skills such as communication and teamwork or hard skills like technical abilities. Aligning your career with your strongest skills can lead to greater success and satisfaction.

3. Values

Upptik features a "Calling, Status, Work-Life Balance" survey to help you determine what you value most in a job. Whether it's career advancement, job security, or balancing work with personal life, choosing a career that fits your values is crucial for long-term job satisfaction.

4. Personality

Take personality surveys on platforms that help identify traits influencing your suitability for various work environments. Whether introverted or extroverted, competitive or collaborative, understanding your personality can help narrow down career choices.

5. Learning Styles

Identify your learning style through methods such as self-assessment or external tools, which can influence how you approach education and training, ultimately affecting your career choice.

By utilizing platforms like Upptik to guide your exploration and connecting to external resources for deeper insights, you can make more informed decisions about your future career path, ensuring it aligns with both your professional aspirations and personal identity.