HEALTHTRAX INC

Glastonbury, Connecticut

healthtrax.com

EMPOWERING HEALTHIER LIVES SINCE 1979

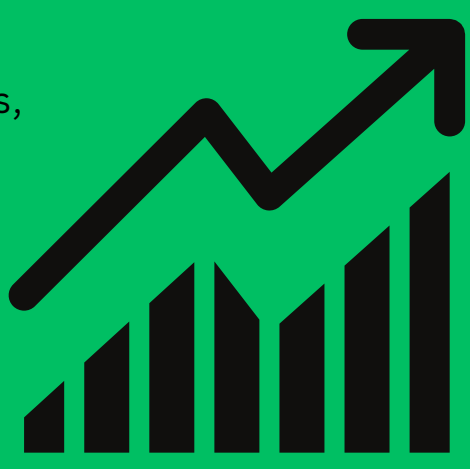
Healthtrax Fitness & Wellness, headquartered in Glastonbury, CT, operates 17 fitness centers across five states, including multiple locations in Connecticut. The company offers a blend of lifestyle management, health education, and fitness services, catering to diverse member needs—from avid fitness enthusiasts to individuals seeking medical wellness programs.

COMPREHENSIVE BENEFITS FOR A BALANCED LIFE

Employees at Healthtrax enjoy a range of benefits, including health, dental, and vision insurance, 401(k) retirement plans, paid vacation, and bonuses for exceeding goals. Full-time staff also receive complimentary gym memberships for themselves and their immediate families.

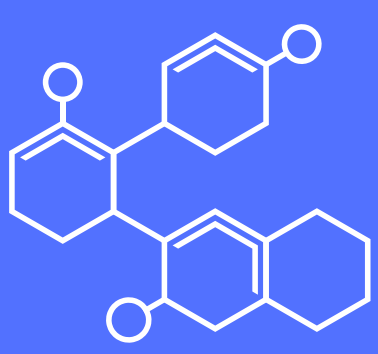
CAREER GROWTH AND DEVELOPMENT

Healthtrax offers various entry-level positions suitable for high school graduates, such as front desk associates, fitness specialists, and youth activity attendants. The company provides on-the-job training and encourages professional development through programs like Healthtrax University, promoting from within and supporting employees in achieving their career goals.



MAKING A POSITIVE IMPACT DAILY

Working at Healthtrax means contributing to a mission of improving community health and wellness. Whether assisting members with their fitness journeys, maintaining a clean and safe environment, or providing exceptional customer service, employees play a vital role in fostering a supportive and motivating atmosphere.

CAREER CLUSTER: HEALTH SCIENCE

IDEAL FOR STUDENTS WHO ENJOY FITNESS, WELLNESS, AND HELPING OTHERS STAY HEALTHY, HEALTHTRAX OFFERS CAREER PATHS IN PERSONAL TRAINING, PHYSICAL THERAPY SUPPORT, AND HEALTH COACHING. IT'S A GREAT FIT FOR THOSE INTERESTED IN EXERCISE SCIENCE, NUTRITION, OR PREVENTIVE HEALTHCARE.